Knacker Cracker 2027 10K Race

Final Race Instructions.

Thursday 1st January 2027 – Race start time 11.00am

'Britain's toughest 10k'!

The 'substantially harder' route for the Knacker Cracker race, from 1 January 2027. not running down the Burford Spur slope, but instead using the old military road. Also, this now does not run up to Juniper Top (too ecologically sensitive) - but instead goes up the bottom of Happy Valley (which should perhaps be renamed 'Unhappy Valley.' It just gets steeper and steeper!

Kids' fun run, the Nipper Knacker; Ladies most welcome for the ladies' race - the Knicker Knacker, while men will feel a punishment in their gonads, during the Knacker Cracker!

The route is exactly 10.000km and includes ascent of 473m and descent of 335m.

Sorry, earphones/headphones not allowed on the course - don't run in a bubble!

If Box Hill is not available for any reason, we will be using the Knacker Cracker 'B' Course, around Denbies Vineyard. Still a tough course!

The Knacker Cracker was voted Britain's best trail race in 2012 and 2013 and was voted Britain's best 10k in 2008, 2009 and 2010 by runners voting at Runner's World

Entries after 8pm on 1 December will not have their names on the race t-shirts, due to production deadlines - sorry! Parking and registration area at Denbies Wine Estate, and race start at the

BOTTOM of Box Hill. NO PARKING AT THE TOP OF BOX HILL! After the race, you will need to walk back to your car at Denbies.

Knacker Cracker Panorama at Box Hill Lookout (Solomon's Memorial), by Brian Barton, on a sunny day!

(normally...) A run for hearty man fellows and lady fellows, mostly on rough

tracks, and including superb views over the North Downs, the Mole Gap, Denbies Vineyard, and Dorking.

Wishful thinking weather forecast: warm and sunny. (actual weather forecast)

Historic Box Hill by Turner and by George Lambert (both paintings at the Tate)

New-new Course records (2022 onwards): Male: Steve Winder (50, Epsom & Ewell Harriers) 49:15 (2022); Female: Katie Lysons (29, Clapham Chasers) 56:00 (2022)

New (2015-onwards) Course records: Male: Rhys Gillard (24, Southend AC/ Leigh-on-Sea Striders) 50:15 (2019); Female: Carla Molinaro (34, Clapham Chasers) 55:50 (2019)

(Old-New) Course records: Male: Sylvain Garde 45:51 (2011); Female: Carla Molinaro 52:44 (2011)

(Old-old) Course records: Male: Darren Treadaway 43:43 (2009); Female: Sarah Rollins 48:26 (2009)

Marshals

Marshals are needed for car parking help, start help, course signalling, finish help and goodie bag delivery. All marshals get soup and rolls, and a hearty pat on the back - and a free place in a future race of your choice! Marshals will be needed from 09.45am onwards on 1 January.

Please contact us for further information.

Spectators

Best places to see the runners are as follows:11.00-11.30am - (Start) Foot of the Burfoot Slope, above Ryka's Cafe,

Westhumble

11.30-12.00 - National Trust Lookout, top of Box Hill (up the Zig Zag Road)

12.00-12:15 - Stepping stones, River Mole

12.15-12.45 (Finish) Foot of the Burfoot Slope, above Ryka's Cafe,

Westhumble

All times are approximate!