On The Day – Woldingham Autumn Halloween

5k and 10k run Information
The Woldingham Autumn Halloween

5k and 10 run Information– **Sunday 25th October 2026** – 10.00am
Important/Useful information for all runners

Please refer to the following information to ensure you have a safe & enjoyable race experience on

Sunday 25th October 2026 at the Woldingham Autumn Halloween 5k 10k run

NOTE: There will be strict cut off of 2 hours for the 10k runners to complete the race

- We must respect all our marshals, who spend a full day out on the course to look after the runners, please say thank you to them!

1. Course

The Woldingham 5k Course 2026 - each lap is 5k, 2 laps are required to complete the 10k route.

The race will start at Woldingham School itself – and head on out of the gates along the private road along the green valley heading south towards the North Downs Way for about 1 mile.
At the end road the runners will reverse back towards the school and follow the 5k route signs, around the back of the school.
Until returning to the main private road that goes straight to the front of the school and finish of the 5k lap.
Those doing the 10k event will do this circuit twice to complete the 10k distance.

2. Runners Registration Table open

from 8.00am to 9.45am

All the runners will collect their unique race number AND CHIP TIMINGS – most of them with have their names on – those who registered early will, the others will be written on for them – so we know each other's first names.

Marden Park, Woldingham, Caterham CR3 7YA - this is the start location - front of the school.

3. Start Time – 10.00am sharp

The 5k/10k will start at 10.00am sharp –! With that in mind, please get there nice and early, park and get changed - we should be able to put some tea and coffee on for the runners as they start and when they finish.

4.Car Parking

There is plenty of free car parking at Woldingham School - at the front of the driveway there will be a sign.

Once parked please walk through into the school grounds to the front of the main house where the race will start and finish.

Marden Park, Woldingham, Caterham CR3 7YA - this is the start location.

5. Public Transport

There are trains to Woldingham Station from London and East Croydon - please check the timetable with the www.trainline.com

The station connects to the main drive into the school - 15 mins walk.

6. Changing Area

There are no specific changing areas at the school - but plenty of areas around the front of school that

runners and change and prepare for the run.

7. Bag Drop

The Marshals will look after all bags at the front of the school underneath the stone steps - these will be kept safe throughout the race day itself and can be collected at the end of the event.

8. Aid Stations

We will provide aid – drinks, fruit and snacks/gels stations approximately after every 5k – please can you drop any rubbish in the bins at the aid stations and not in the countryside.

9. First Aid & Communication

Limited first aid from KLP Medical Team will be available at HQ any runner who feels unwell should stop and notify other runners and ask for assistance/support and we will get someone out from the medical support team. Please do not run if you feel unwell on race day, health and well-being is paramount to us all. Any emergencies can be phoned to the race director on 079677 29922. Please complete the medical info on the back of your race entry numbers – to assist in the event of any emergency – pens will be at HQ to help you.

10. Toilets at the School we can use in 2026

There will be open clean toilets at the school itself this year

11. Mile and Km Markers

There will be mile markers along the course.

12. Litter along the Woldingham course

Please drop all your litter in the bins or area situated next to the Aid Stations or the many various bins

along the course. It's important we leave the Vanguard Way with only our footprints of the running and

nothing else, to ensure the beauty and well-being of Woldingham is maintained.

13. MP3 and other music players and road safety – IMPORTANT READ THIS

PLEASE!

For your own personal safety, we recommend that you do not run with MP3 music in your ears – so you can be aware of marshal instructions.

14. Marshals

There will be a limited number of race marshals and supporters who will be situated at some junctions, aid stations and the HQ start and finish area. Please do bear in mind they are all giving up their time to support you on race day and make sure it's both fun and successful. Without these people we would not be able to put on the Woldingham race. I would encourage you to give your thanks to our wonderful support.

15. Spectators

We would encourage friends and families to congregate at Woldingham School to watch the finishers come in and witness the presentation of medals and tee shirts to all of the finishers. The whole of Woldingham School is accessible so we will let you roam free to explore all the amazing grounds of the historic location.

16. Refreshments

We will have food and drinks for people and runners at the HQ - this will be open throughout race day itself – spectators will be able to sit outside and watch the runners leave and return while drinking a lovely coffee or tea and eating cakes and sandwiches.

17. Prize Giving and Prizes at the Finish

All 5k and 10k runners upon completion at the finish line will need to collect the following:

A new Woldingham Autumn Halloween 5k 10k medal and a unique 1m2go baseball hat – and some goody bags!

We will also have some special trophies to award to successful men/women runners in the event (first men/lady) etc.

18. Race Sweeper

A race cut off time of 2 hours (12 noon) will be strictly adhered to. Any runners who appear to be unable to complete the distance by then we be asked to stop and return directly to Woldingham School HQ.

A race sweeper will monitor the slowest runner/s to communicate this with the race directors. We hope as in previous years, all of our runners will safely and successfully complete the distance!